

CONTRACTORS TO THE
WESTERN AUSTRALIAN GOVERNMENT.

B. ROSENSTAMM

LEATHER GRINDERY, SADDLERY,
SADDLERS' IRONMONGERY.

PROPRIETOR OF
THE PERTH TANNERY, DUKE STREET,
WEST PERTH.

MANUFACTURERS OF GLUE, NEATSFOOT OIL,
AND DOE HAIR.

GOLD MEDAL.



A1 AND WESTERN UNION CODES USED.

TELEPHONE A2135.

61, 63, 65 KING ST.

BRONZE MEDAL.



Perth, 23rd February 1916

W. A.

BUYER OF HIDES

CALF

KANGAROO

MALLET BARK

AT

HIGHEST MARKET RATES

FOR CASH.

Mr. H.A. Hall,
Croyden Station,
ROEBOURNE.

Dear Sir/

Acting under r... ion from Trooper

W. Byron, of the 15th... rse Regiment,
Blackboy Hill, w... sing Booklet

on the Treat... h we

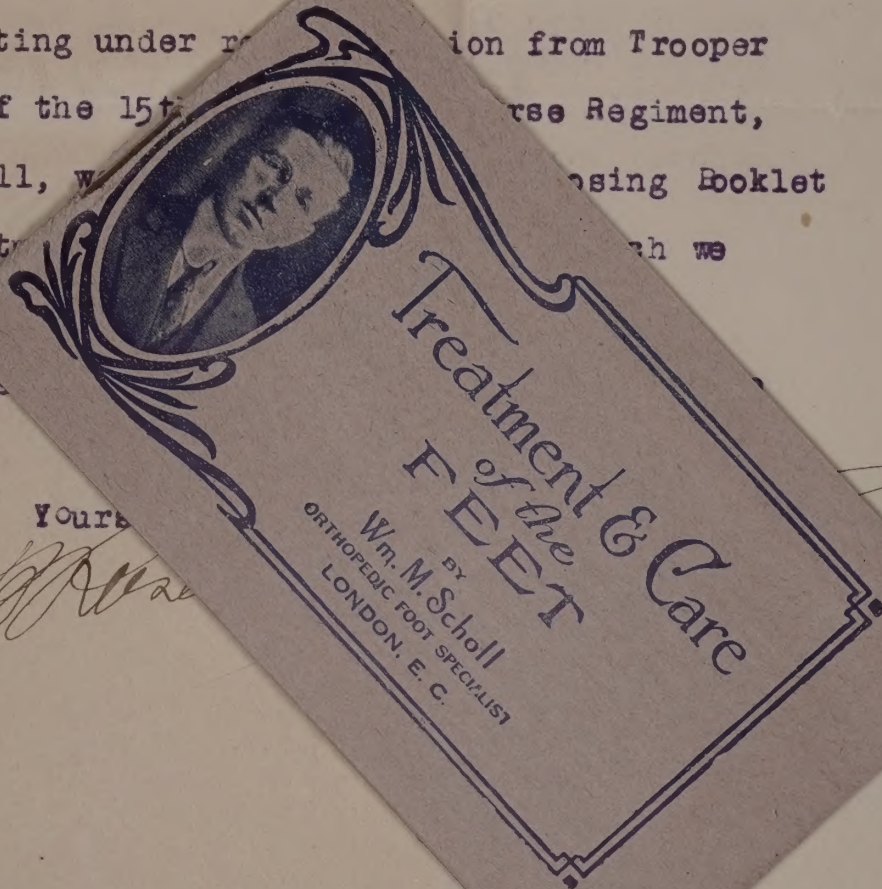
trust will

quoted there

added.

Yours

[Signature]



Agencies:

MICHAELIS, HALLENSTEIN
AND CO. PROPTY. LTD.,
MELBOURNE,

FOR

BOOKBINDERS' LEATHER.

SOLE AGENTS:

JONES'

SEWING MACHINES.

PUMP BUTTS

FOR

MINING PURPOSES.

SOLE AGENTS:

SCHOLL'S SPECIALITIES

FOR

TREATMENT AND CARE
OF THE FEET.



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ROEBOURNE.

Dear Sir/

Acting under recommendation from Trooper
W. Byron, of the 15th Tenth Light Horse Regiment,
Blackboy Hill, we have pleasure in enclosing Booklet
on the Treatment and Care of the Feet, which we
trust will be of interest to you. Prices are
quoted therein, to which postage would need to be
added.

Yours faithfully,

Agencies:

MICHAELIS, HALLENSTEIN
AND CO. PROPTY. LTD.,
MELBOURNE.

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BOOKBINDERS' LEATHER.

SOLE AGENTS:

JONES'
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TREATMENT AND CARE
OF THE FEET.





B. ROSENSTAMM

PROPERTY OF
THE UNITED STATES DEPARTMENT OF THE INTERIOR
BUREAU OF LAND MANAGEMENT
WASHINGTON, D. C.

37th February 1916

Mr. F.A. Hall,
Grover Station,
ROCKFORD, ILL.

Dear Sir,

Acting under recommendation from Trooper
W. Byron, of the 1st Cavalry Regiment,
Blackboy Hill, we have pleasure in enclosing booklet
on the Treatment and Care of the Feet, which we
trust will be of interest to you. Prices are
quoted therein, to which postage would need to be
added.

Yours faithfully,

DEPARTMENT OF THE INTERIOR
BUREAU OF LAND MANAGEMENT
WASHINGTON, D. C.



Treatment & Care *of the* FEET

BY

Wm. M. Scholl

ORTHOPEDIC FOOT SPECIALIST

LONDON, E. C.

THE FOOT, which is indispensable in the gaining of livelihood, the enjoyment of earthly pleasures, and of great influence on bodily and mental activity, is nevertheless, the part of the body which gets little consideration. Owing to the endeavour of all, especially among the fashionable and upper classes of society, to show the foot up in a stylish and supposedly attractive manner, damage is done to the normal shape and use of the foot, and the shoes, in reality, only hide painful, disfigured and eventually deformed feet.

In my experience as a specialist on the causes of foot troubles and deformities, the most common with which I come in daily contact are tired and aching feet, weakness to the instep or arch articulation (causing breaking down arch or flat foot), callouses on the sole, crooked toes, hammer toes, and bunions, the last being not only painful but greatly unfits the foot sufferer to enjoy the most needed and healthful exercise of walking.

The foot, consisting of twenty-six bones, properly joined and articulated, carries the weight of the entire body and must have, therefore, proper care, and in presenting the following specialities, remedies and appliances, as described in

this little booklet, it is with an idea of bringing relief to foot sufferers, by correction of their ailments. Each appliance is based on scientific orthopedic principles to relieve the cause of the complaint, and under each will be found a description of how the device will do the work, directions for using, etc.

For Tired and Aching Feet.

Generally this is due to a weak instep or weak arch, in which event, the "FOOT-EAZER" which bridges the weight and takes away the muscular and nervous strain, gives relief to the tiring, and makes walking or standing more restful.

For Bunions and Enlarged Great Toe Joints.

There is nothing so painful as a bunion, which grows through various causes, but by wearing the "BUNION-RIGHT" the crooked toe is straightened which immediately effects an absolute correction and cure of the bunion. It is to be worn during the day.

If the joint is stiff and the bunion of long standing wear Scholl's Anti-Bunion Spring at night. This acts as a lever, drawing the great toe to its normal position.

When the enlargement or growth is very prominent, Scholl's Bunion Reducer Shield, moulded of pure Para rubber to fit easily when worn over the bunion, takes away the pressure of the shoe, keeps out the air and retains moisture, thus causing the tissues to finally diminish in size. The shield is worn next to the skin, the stocking being drawn over it unnoticeably.

For Flat-Foot and Rheumatism.

Breaking down of the arch means destroying the natural contour, which, with the consequent great strain on the muscles, nerves and tendons, causes a condition known as flat-foot, a defect as painful as rheumatism and very frequently mistaken as such. Pains in the heels, ankles, knees and limbs are some of the symptoms. The "TRI-SPRING" Arch Support corrects the deformity and effects a cure.

Corns and Callouses.

Corns and callouses are usually caused by friction or pressure. The skin thickens and finally forms a horny substance downward through the cuticle with

pressure on the sensitive nerves. If it is a hard corn, soak the feet in hot water for fifteen minutes, then scrape off the hard skin and apply a "FIXO" Corn Plaster.

Soft Corns.

For soft corns between the toes, wear stockings of a wide shape or sufficiently large to prevent cramping, and wear a "TOE-RIGHT" between the toes afflicted. This straightens and separates the toes and prevents them from overlapping and crowding, giving the sensitive and irritated skin a chance to heal. No larger shoe is required to wear the "TOE-RIGHT," but care should be taken not to wear a shoe too pointed.

Callouses on the Sole.

Callouses on the sole are usually caused by the weight of the body being unevenly distributed on the foot, the greater weight being thrown on the ball and forward part, which friction, in most instances, usually causes this very painful condition; in other cases the transverse arch is broken down, allowing the weight to be thrown on these bones, causing the callosities.

The surest way to cure the callous is to wear either the Scholl "FOOT-EAZER" or Anterior Metatarsal Arch Support. This gives permanent relief from the trouble and prevents any recurrence.

Crowded Toes and Ingrowing Nails.

Very frequently overlapping toes, one pressing down on the other, will cause an inflammation to the nail, a condition known as ingrowing toenail. The cause may be quickly eliminated by using the "BUNION-RIGHT" and "TOE-RIGHT." These act as toe straighteners, and if proper sizes in shoes and stockings are worn no further trouble will result. It is necessary to keep the inflammation about the nail thoroughly antiseptic and a surgeon or chiropodist should be consulted.

Hot and Perspiring Feet.

This is not always due to uncleanness of the feet, but to decomposition of the acids in the sweat and secreted fats, which, unless cured soon, make the feet very sensitive and painful, especially on the sole and between the toes.

The most practical cure for this trouble is in the use of "FOOTDOK" Tablets. This thoroughly antiseptic wash is used in the footbath without soap. Used regularly and very satisfactory results will be obtained in every instance, the foot keeping healthy and of a normal size and feeling.

Hot, Burning, Sensitive Feet.

In warm weather, or when a person has been very active on their feet, the blood vessels of the feet expand, causing them to swell and making the feet generally hot, tender and feverish. To avoid this, bathe the feet at night, using "FOOTDOK" Tablets, and in the morning sprinkle a small quantity of "FIXO" Antiseptic Powder over the Feet, rubbing it in with the palm of the hand, also shaking some into the stocking; the feet are then prepared for the day and will feel cool, restful and wholesome. A smaller size shoe can be worn with ease when this treatment is followed out.

Children's Feet.

Care should be taken not to fit shoes either narrow or short and the Nature Form footwear should be used in every instance. Nature

should have its course in the development of each joint and muscle. A child's foot grows very rapidly, so that a shoe should always be purchased large enough to allow of further growth. When learning to walk, if the ankles are weak, either a light arch support should be inserted in the shoe, or an ankle corset worn so as to assist Nature in the proper development.

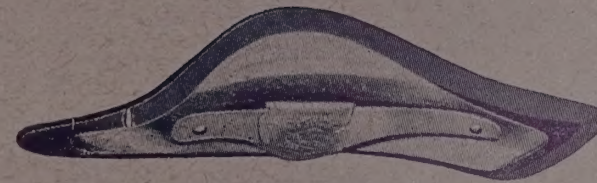
Short Limbs.

Scholl's Improved Extension Boot will make up for a shortage of from $1\frac{1}{2}$ inches to 10 inches, so that the regular style and ready-made shoe can be worn unnoticeably. These Boots are built by orthopedists who know exactly the balance of the body's weight.

Yours for comfortable feet,

WM. M. SCHOLL,
Orthopedic Foot Specialist,
1-4, GILTSPUR STREET, E.C.

Scholl's Tri-Spring Arch Support.



arch, this support is specially recommended. It gives a steady upward spring pressure to the keybone of the arch and gradually effects a cure. Is not heavy or rigid to wear.

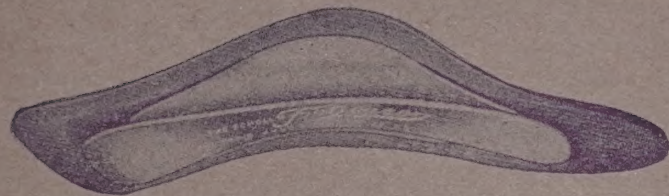
Made in sizes for men, women and children. Price **15/6** per pair.

For severe cases of flat-foot or heavy weight persons, and where considerable support and strength is required to hold up the bones of the broken down



DISSECTED FOOT
SHOWING BONES OF
ARCH AND
SCHOLL TRI-SPRING
ARCH SUPPORT IN
POSITION

Scholl's "Foot-Eazer."

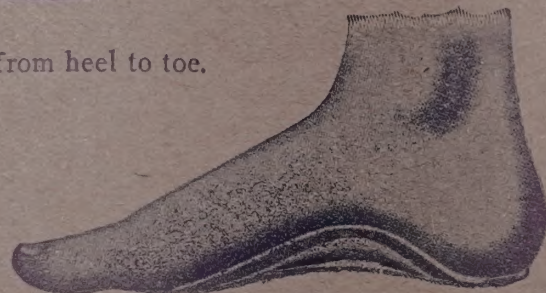


This appliance is made light and easy to wear. Positively eases the feet, body and nerves. Self-adjusting to all feet with either high or low

insteps. Bridges the weight of the body from heel to toe.

Gives just the right pressure at just the right spot. For tired or aching feet, or for anyone constantly on their feet, it has no equal. No larger shoe required.

Price 10/- per pair. In all sizes for men and women.



10

"Re-Form" Arch Support.



An improved pattern of the old-style flat-foot insole, giving a neat, adjustable support. This

is arched sufficiently high to uphold the instep arch, whether it is in a perfectly normal condition or weakened on account of strained muscles or ligaments. Made of German Silver with side cuts and hand drilled holes.

Price 10/- per pair. All sizes, men, women, children.



**RE-FORM
ARCH
SUPPORT**

11

Scholl's "Korrektio."

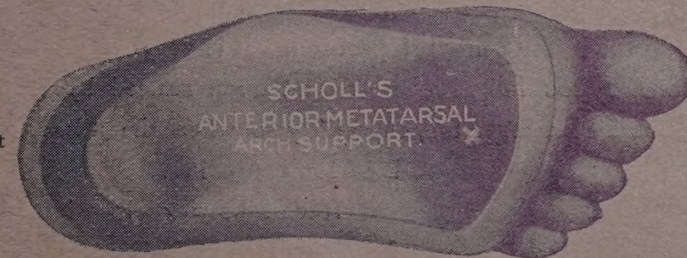


A successful moderate-priced instep Support. Scholl's "KORREKTIO" gives proper support and where it is most needed. The Supporting plate is somewhat wider than the other models and just enough for even bearing; does not extend under the heel and is shaped for effectiveness and comfortable wearing.

German Silver. Price 7/- per pair.

Scholl's Anterior Metatarsal Arch Support.

Gives special
raise or support
at point X.



Constructed along unique lines, giving support to the transverse arch of the foot and is specially recommended for callouses on the sole, Morten's toe (a very painful affliction), and pains in the toes, either at the ball or forepart of the foot. Has the combination of holding up the longitudinal and transverse arch.

Price 15/- per pair. All sizes for men and women.

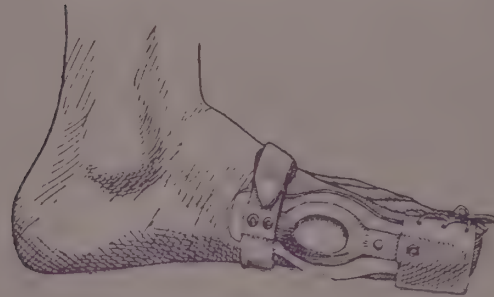
Scholl's Anti-Bunion Spring.

This practical apparatus, as shown in illustration, acts as a lever to draw the large toe into its normal position. It is very necessary for persons who are troubled with enlarged bunion caused by the deformity of joints in the large toe, especially so when the ailment is of long standing.

It can be worn in a loose fitting shoe, but it is strongly recommended as an appliance for night use.

Three sizes, small, medium, large, right and left.

Price 8/6 each, or 17/- per pair.

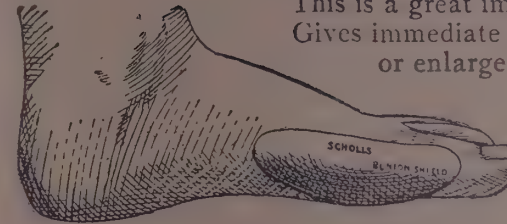


State when ordering whether for right or left foot.

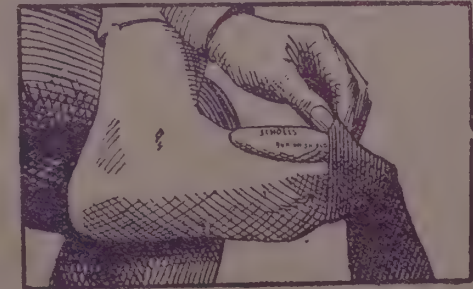
14

Scholl's Bunion Reducer Shield.

This is a great improvement over bunion pads or protectors. Gives immediate relief, fits closely and snugly to the bunion or enlarged joint, shuts out all air and moisture, thus



arresting further growth of the bunion by its reducing action on the tissues. Can be worn in the finest shoes or lightest opera slippers without notice. Made of pure Para gum rubber. Does not shift or bulge.



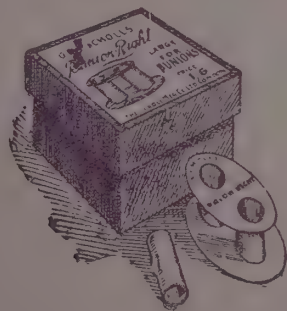
All sizes. Price, small size, 2/6; medium size, 3/-; large size, 3/6

State when ordering whether for right or left foot.

15

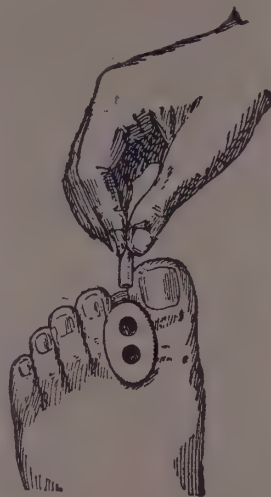
Dr. Scholl's "Bunion Right."

The most practical invention ever devised for the treatment of bunion trouble. Is soft, pliable and when placed between the great and second toe gives a gentle outward pressure. After about ten days' wear the auxiliary plug should be inserted to bring the toe to its true position.



If the toe is inclined to turn inwards Dr. Scholl's "BUNION-RIGHT" will when worn for a few days, give remarkable assurance of permanent correction. It is recommended that this be worn during the day and Scholl's Anti-Bunion Spring worn at night.

Price 2/- each, 4/- per pair.



Scholl's "Toe-Right."

For the cure of corns and tenderness between the toes, overlapping or underlapping toes, ingrowing toenails, crooked toes, hammer toes, etc. The upright cylinder separates the toes to their natural positions, while the shield prevents them from doubling up, thus straightening the affected joint.

Medium size, to fit both men and women,

Price 1/6 each.



"Fixo" Foot Powder.

An ideal antiseptic foot powder for hot, feverish, sweaty feet. "FIXO" powder is sprinkled on the feet, in the stockings and shoes, giving a cool, restful feeling. Takes away the friction of the shoe and stocking to the foot and has truly medicinal, deodorising qualities.



Put up in an original shaped attractive tin which makes it convenient for reaching either the tip toe of the shoe or the foot of the stocking.

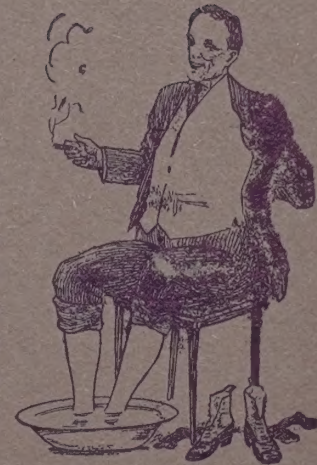
Price per tin . 1/-

Footdok.



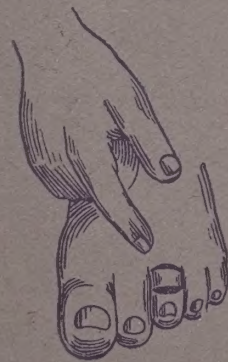
No more tender, hot, swollen, perspiring feet and chilblains. FOOTDOK is made in the form of a tablet and dropped into the foot-bath it keeps the water sterile, and by the pores of the skin absorbing the properties, the work of healing is immediately started, besides rendering antiseptic all the glands and pores of the feet. Puts new life into your feet. You will walk with greater ease and can wear smaller shoes, because the treatment tones up the feet to a point of usefulness. Use 4 tablets in each foot bath.

About 30 Tablets in Box. Price 1 3



"Fixo" Corn Plasters.

Corns, no matter how old, how hard, or how painful and troublesome, yield to the positive treatment of "FIXO." A mechanical, medicinal treatment.



As certain to remove the corn as the sun sets. "FIXO" is easy to apply, sure to stay, and absolutely removes the corn in 24 hours.

Does not blister, irritate, or make it necessary to wear any but your regular shoes.

Four full-sized treatments in package, 7½d.



"Heel Tread" Cushion.

This is different and better than any other heel cushion. Gives the heel a soft springy bed to rest upon, as it runs to the shank of the shoe in a graduated shape. It allows the foot to rest comfortably and gradually raises the lowered instep. A boon for sore heels. Takes the place of rubber heels.

Price 1/6 per pair. All sizes.

Ankle Supporters.

Invaluable for skating, golfing, athletic purposes, sprains, or for children learning to walk. These ankle supporters are superior to any other, as the advantage is in the construction, the steels being removable.

Warranted rust-proof and unbreakable.
In black and tan leather or black sateen.



Men's sizes	7-8-9-10-11	...	...	per pair	7/6
Ladies' "	3-4-5-6-7	...	...	" "	7/6
Misses' "	11-12-13 ¹ / ₂	...	...	" "	6/-
Child's "	1-2-3-4-5-6-7-8-9-10	...	...	" "	6/-

Absorbo Corn Pads.

Absorbo Corn Pads, made of Pure Antiseptic Rubber, are soft and sanitary; give instant relief to painful corns, tender joints, etc., and positively conceal the ailments. Held in position with strips of adhesive tape, supplied free in each box.



Made in 8 sizes, as under:—

A, B and C, for corns on top of toes,
price **9d.** each
D and E, for tender joints, price **1/-** each
F, G and H, for callouses or corns
on bottom of foot, price **1/3** each



How to Order.

To obtain the correct size or measurement for Scholl's Appliances:—

1. State size and width of shoe worn, or copy the numbers from the lining of your shoes if the size is unknown to you.

2. Stand with *stockened* feet on a piece of paper and with a pencil held perpendicularly make an outline drawing of each foot.

3. In ordering appliances make a drawing of the feet *barefooted*, standing on a piece of paper and drawing a pencil line around the foot and between the toes.

4. Give a careful description of your foot trouble in your own words. Indicate by X mark location of pain or sensitiveness and any further information.

5. Cash must accompany all orders as priced at end of each article in this booklet. Postage prepaid to all parts of the world. Money will be promptly refunded on any purchase not entirely satisfactory.

Write your name and address very plainly and communicate with